

DONATE NOW

## Register today for the 3rd Annual Walk for Wellness on Saturday, September 11, 2021

This year we will honor those we lost on September 11, 2001 and recognize the actions of those who help heal our community. This year will be the 20th Anniversary of the tragic day and the subsequent events that completely changed our lives. At that time, FSL created a new crisis counseling program to help both children and adults cope with the trauma and grief they had experienced. Every individual's experience was unique, but there was a common thread – people needed support. This vital program and many others make up a network of services that people are still depending on today.

Please consider participating in this important memorial event. [Sign-up today.](#)



**You can make a difference!**

Join us for the  
**3rd ANNUAL  
WALK FOR WELLNESS**  
Saturday, September 11th  
9:00am Rain or Shine  
Belmont Lake State Park, Babylon

Walk, Run, or Bike  
IN-PERSON or VIRTUALLY  
1.5 mile or 5K  
No fee to join!

Join friends and FSL staff as we walk, run, and bike to build awareness and raise much needed funds for the 60 vital programs and services that thousands of children and adults rely on each day. This is an ideal occasion for community members to show their support. Sponsorships and underwriting opportunities are available at various levels!

**Text FSLWALK21 to 71777  
to register, create a team, and start  
fundraising!**

We are organizing the event so that anyone can join us via social media [#FSLWALK](#)  
[FSL Walk for Wellness Page](#)  
Call 631-470-6775 to learn more!

**Sign-up today!**



Visit the "Find Help" page of [www.fsl-li.org](http://www.fsl-li.org) for information on services and programs for children, families, and seniors.

For 95 years, FSL has provided all aspects of human services, including mental health counseling, addiction prevention & treatment, crisis care, early education, and family & senior services. Today, in communities across Long Island, FSL is Restoring Hope & Rebuilding Lives. Your contribution is needed. Together, we can build a stronger future for everyone. Make a tax deductible donation by clicking the Donate Now button or text 41444 and type "FSL".

# Thank you!

631-427-3700 [restorehope@fsl-li.org](mailto:restorehope@fsl-li.org) [www.fsl-li.org](http://www.fsl-li.org)

