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Wishing you a Happy Thanksgiving!

We are thankful for you - our friends and supporters.
With your help, FSL is able to make a difference in the
lives of thousands of our neighbors.

The holiday season is a joyous time of year for many.
However, every day people find themselves or their loved ones struggling to cope with issues such
as severe depression, anxiety, and addiction.
The resources and help that changes lives are only a phone call away and available 24/7.
FSL's DASH Hotline 631-952-3333

Visit the "**Find Help**" page of www.fsl-li.org for information on
services and programs for children, families, and seniors.

For 95 years, FSL has provided all aspects of human services, including mental health counseling, addiction prevention & treatment, crisis care, early education, and family & senior services. Today, in communities across Long Island, FSL is Restoring Hope & Rebuilding Lives. Your contribution is needed.

Make a tax deductible gift by clicking the Donate Now button or text FSL to 41444

To discuss ways you or your organization can get make a difference in the lives of your neighbors this holiday season please contact 631-470-6770 or jchenkin@fsl-li.org

Thank you!