



[DONATE NOW](#)

**Your neighbors need help now.  
Your support restores hope and rebuilds lives!**

Dear Friend,

The past 20 months have been challenging. As you read this thousands of children and adults are continuing to suffer the devastating impacts of COVID. **People are coming to Family Service League for help with depression, homelessness, food insecurity, and anxiety, as well as coping with loved ones battling addiction or mental illness. The need for our services continues to increase. Please help by contributing today.**

We are dedicated to helping children, families, and individuals mobilize their strengths and improve the quality of their lives. Your support helps us to provide...

- For girls like 14-year-old Emily, who is now receiving counseling for her untreated depression and thoughts of self-harm.
- For the young mom who sought shelter from an abusive situation. She found vital safety-net resources and is trying to build a better future for her child.
- For 19-year-old Trevor as he works his way through addiction recovery.
- For seniors like Sylvia who became withdrawn and extremely anxious after her husband passed away.
- For anyone who is depending on the 60+ programs that FSL offers, all of which your support makes possible.



Please **text "FSL21" to 91999** or click the **[Donate Now](#)** button. Call 631-470-6770 to learn more.

Thank you for your consideration and compassion. Wishing you a happy and healthy holiday season!

Sincerely,  
Karen Boorshtein  
President & CEO