

Quality care has a meaningful impact on those who are brave enough to reach out for help!

[DONATE NOW](#)

The holiday season is meant to bring us together in joy and warmth, but many adults and children are struggling to cope and this can be a particularly difficult time. FSL offers support and counseling for people facing life's challenges.

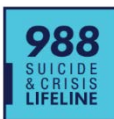
Caregiver Support Groups
Bereavement Groups
Family Counseling
Housing Support
Addiction Treatment

Go to www.FSL-LI.org
to learn about the 60+
programs offered.



Visit the "Find Help" page of www.fsl-li.org for information on services and programs for children, families, and seniors.

FSL's DASH 24-hour crisis hotline 631-952-3333



Since 1926, FSL has provided all aspects of human services, including mental health counseling, addiction prevention & treatment, crisis care, early education, and family & senior services. Today, in communities across Long Island, FSL is Restoring Hope & Rebuilding Lives. Your contribution is needed.

Make a tax deductible gift by clicking the Donate Now button or text "FSL22" to 91999.

Thank you!