



# Sign-up today and join us for the 5th Annual WALK FOR WELLNESS



## Saturday, September 9th

Belmont Lake State Park, West Babylon, NY

9:00am Rain or Shine

Walk or Run with options for a 1.5 mile or 5K  
Yoga - Games - Face Painting - Slide - Prizes

Join friends & FSL staff to raise awareness and much needed funds for the 60+ programs that thousands of children and adults rely on each day.

**Text WALK2023 to 71777**

**Register, create a team, and fundraise!**

Learn more about registration, sponsorships,  
and day-of activities!

**631-470-6775**

**erin.mcfadden@fsl-li.org**



Family Service League is a New York nonprofit organization,  
recognized as tax exempt under section 501(c)(3) of the United States Internal Revenue Code

You can help by sharing the WALK info on Facebook! [CLICK HERE](#)

The top overall individual fundraiser will win 2 RANGERS tickets vs. Columbus Blue Jackets on Sunday, Nov. 12th at 7pm seats in section 12!  
Other raffles open to all attendees include  
2 tickets to the Nov. 9th Great Chef of Long Island and a spa gift certificate.

[CLICK HERE](#) to view the highlights of the 2022 WALK



Learn more about registration, volunteering, sponsorship opportunities, and day-of activities by contacting  
631-470-6775 or [erin.mcfadden@fsl-li.org](mailto:erin.mcfadden@fsl-li.org)

Family Service League is proud to have so many supporters who believe in our mission. With sincere appreciation to the WALK volunteers and sponsors who make this a special FUNdraising event!



THANK YOU...

Children's Services Sponsors  
John & Elaine Kanas  
PSEG Long Island  
Raynor Country Day School

**Senior Services Sponsors**

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**A special "SHOUT OUT" to  
South Shore University Hospital Northwell Health and Newsday  
for their continued support of FSL and our Long Island communities!**