



# Saturday, September 9th

9:00am Rain or Shine

Belmont Lake State Park  
West Babylon, New York

Walk or Run the 1.5 mile or 5K options

Join hundreds of friends & FSL staff as we walk and run to raise awareness and much needed funds for the 60 vital programs that thousands of children and adults rely on each day.



## 5th ANNUAL WALK FOR WELLNESS

Today, you can show your support!  
Register, Create a Team, and Fundraise  
**Text WALK2023 to 71777**

[You can help by sharing the WALK info on Facebook! CLICK HERE](#)

The top overall individual fundraiser will win 2 RANGERS tickets vs. Columbus Blue Jackets on Sunday, Nov. 12th at 7pm seats in section 12!  
Other raffles open to all attendees include

2 tickets to the Nov. 9th Great Chef of Long Island and a spa gift certificate.

[CLICK HERE to view the highlights of the 2022 WALK](#)

Learn more about registration, volunteering, sponsorship opportunities, and day-of activities by contacting 631-470-6775 or [erin.mcfadden@fsl-li.org](mailto:erin.mcfadden@fsl-li.org)

Family Service League is proud to have so many supporters who believe in our mission. With sincere appreciation to the WALK volunteers and sponsors who make this a special FUNdraising event!

Thank you to...

**Children's Services Sponsors**

John & Elaine Kanas  
PSEG Long Island  
Raynor Country Day School

**Senior Services Sponsors**

Laura & Eric Gerde  
Vickie Moskowitz  
NYCB

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Fran & Brian Whitehead

**Crisis Intervention Sponsor**

R&M Engineering

A special "SHOUT OUT" to  
**South Shore University Hospital Northwell Health** and **Newsday TV**  
for their continued support of FSL and our Long Island communities!

