



HAPPY NEW YEAR

As we begin 2025, I want to thank you for your steadfast support. This past year has been a journey of growth and resilience, and your belief in our mission has been our beacon of hope.

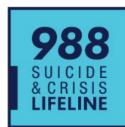
We remain committed to providing tangible help to children, teens, and adults. Our resolve to serve our community is stronger than ever, and we are here to support those who need us, now and in the future. Looking ahead, we are optimistic about the opportunities to create lasting change for Long Islanders.

Wishing you a year filled with joy, health, and peace. Together, we will continue to build a brighter future.

Sincerely, Karen Boorshtein, LCSW President & CEO

FSL's DASH 24-hour crisis care center and mobile teams are available for children and adults experiencing a severe mental health or addiction issue. DASH is often an alternative to a traditional Emergency Room. If you or a loved one is struggling, please reach out 631-952-3333.

Visit the <u>"Find Help"</u> page of <u>www.FSL-Ll.org</u> for information about services for children and adults.



JANUARY IS NATIONAL MENTORING MONTH

This campaign is dedicated to raising awareness about the power and impact of mentoring.

It's a time to recognize and honor the contributions of mentors while encouraging individuals to become mentors themselves.

We highlight the value of mentoring relationships in education, personal development, and community enrichment, while showcasing how mentors can positively influence the lives of others.



FSL's Mission Statement Transforming lives and communities through mental health, addiction, housing, and essential human services.

www.FSL-Ll.org

DONATE AND MAKE A DIFFERENCE TODAY!

FSL provides all aspects of human services, including mental health counseling, addiction prevention & treatment, housing, crisis care, early education, and family & senior services. You can help by making a tax-deductible gift - click the Donate button or text **FSL24** to **91999**.

Make your gift via Venmo! Visit our **Donation Page**, and choose the Paypal/Venmo option, then click the Venmo button.

Our Commitment to Our Donors: We will not sell, share, or trade our donors' names or personal information with any other entity.

Diversity, Equity, Inclusion, and Belonging (DEIB) are fundamental principles that we embrace and respect. We are committed to fostering an inclusive culture where our employees feel valued and engaging a workforce that reflects the diversity of the population we serve. We recognize that by providing culturally competent services, we can better meet the needs of those we serve.



If you think the work we do and the programs we provide are an important community resource for Long Islanders, let us know.

We would love to hear from you and hope you follow us on social media:









Thank you.



631-427-3700

www.FSL-Ll.org